

## MILFORD DANCE ACADEMY

### *Class Description & Definition Of Levels*

<b>TINY TOTS -</b>	This class is the perfect place to start when starting dance at a young age. In this class the Tiny Tot Student will learn the basic fundamentals of ballet and creative movement.
<b>LEVELS -</b>	No experience is required
<b>BALLET -</b>	A Classical dance form demanding grace and precision and employing formalized steps and gestures set in intricate, flowing patterns to create expression through movement.
<b>LEVELS -</b>	<b>AGES 5&amp;6 –</b> No experience is required <b>AGES 7-10 – BEGINNER –</b> 0 to 1 year of experience <b>AGES 7-10 – LEVEL 2 –</b> 2 to 4 years of experience <b>AGES 11 &amp; UP – BEGINNER / LEVEL 2 –</b> 0 to 3 years of experience <b>AGES 11 &amp; UP – INTERMEDIATE –</b> 4 + years of experience
<b>POINTE -</b>	In ballet, dancing that is performing on the tips of the shoes, also known as the box.
<b>LEVELS -</b>	<b>AGES 11 &amp; UP –</b> 0 to 4 years of experience, however you must have at least 4 consecutive years of ballet.
<b>JAZZ -</b>	Any of various dances characterized by the use of improvisation and influenced by rhythm and techniques of jazz movement and music.
<b>LEVELS -</b>	<b>AGE 4 – INTRODUCTION TO JAZZ –</b> No experience is required <b>AGES 5 &amp; 6 –</b> No experience is required <b>AGES 7-10 – BEGINNER –</b> 0 to 1 year experience <b>AGES 7-10 – LEVEL 2 –</b> 2 to 4 years of experience <b>AGES 11 &amp; UP – BEGINNER / LEVEL 2 –</b> 0 to 4 years of experience
<b>TAP -</b>	A dance performed wearing shoes fitted with metal tap, characterized by rhythmical tapping of the toes and heels.
<b>LEVELS -</b>	<b>AGE 4 – INTRODUCTION TO TAP –</b> No experience is required <b>AGES 5 &amp; 6 –</b> No experience is required <b>AGES 7-10 – BEGINNER –</b> 0 to 1 year of experience <b>AGES 7-10 – LEVEL 2 –</b> 2 to 4 years of experience <b>AGES 11 &amp; UP – BEGINNER / LEVEL 2 –</b> 0 to 4 years of experience <b>AGES 18 + - ADULT TAP –</b> No experience is required
<b>LYRICAL -</b>	Lyrical dance is a dance style that combines elements of ballet, modern and jazz techniques. It is commonly set to popular music with vocals or just instrumental bars, interpreting the lyrical and/ or music through movement.
<b>LEVELS -</b>	<b>AGES 7-10 / 11 &amp; UP –</b> No experience is required, however it is highly recommended to take a ballet class when taking a lyrical class.

**CONTEMPORARY -** Contemporary is an art working with the human body's movement. This style searches for new forms and dynamic movement patterns. Contemporary dance can be used with varied modern and classical dance techniques.

**LEVELS -** **AGES 11 & UP** – This class is for the more experienced dancer and should have 2 consecutive years of lyrical or ballet

**MODERN -** A style of theatrical dance that rejects the limitations of classical ballet and favors movement deriving from expression or inner feeling. In this class the students will learn Various styles of modern methods; Graham, Cunningham, Limon, Hawkins, Horton and Duncan.

**LEVELS -** **AGES 11 & UP** - This class is for the more experienced dancer and should have 2 consecutive years of lyrical or ballet

**HIP HOP -** Hip Hop refers to social or choreographed dance styles primarily danced to hip - hop music or that has evolved as part of hip – hop culture. This includes a wide range of styles, notably street dancing, breaking, locking and popping.

**LEVELS -** **ALL AGES** – No experience is required

**POM PON -** Dancing, using jazz styles and or line routines making a more visual effect while using pom pons as a prop.

**LEVELS -** **AGES 7-10 / 11 & UP** – No experience is required

**MUSICAL THEATER -** In this class the students will learn to portray a recognizable character with acting, dancing and lip synching.

**LEVELS -** No experience is required

**GYMNASTICS -** In this class the student will learn basic tumbling along with some apparatus. Mr. Roby will help each student in achieving their personal goal with certain tumbling tricks they may want to learn. The student will work on their balance, strength, and flexibility, to progress throughout each session. This class is also the perfect class to take for learning special trick to incorporate into your dance routines.

**LEVELS -** **AGES 6-11 / 11 & UP** – No experience is required, however we will place students with certain age groups depending on their level and or experience.

**TAP COMPETITION -** This class will compete 3 times throughout the year at regional competitions. This class allows the student to experience dance at a beginner competitive level with a tap routine.

**LEVELS -** An evaluation is required to be in this class

**JAZZ COMPETITION A & B CLASSES -** These classes will compete 3 times throughout the year at regional competitions. This class allows the student to experience dance at a beginner competitive level with a jazz routine.

**LEVELS -** An evaluation is required to be in this class

**LYRICAL COMPETITION CLASS -** This class will compete 3 times throughout the year at regional competitions. This class allows the student to experience dance at a beginner competitive level with a lyrical routine.

**LEVELS -** An evaluation is required to be in this class

**TINY STARS -** This class will compete 3 times throughout the year at regional competitions. This class allows the student to experience dance at a beginner competitive level with a jazz routine.

**LEVELS -** **AGES 4-6 - PLEASE LET US KNOW IF YOUR CHILD IS INTERESTED – should have at least 1 to 2 years of dance experience**